



Port Moody Times

Thursday
May 29, 2025
Day 1

LOST & FOUND

If you have lost a phone/ device, please stop by the office to see if one of these belongs to you.



THURSDAY, MAY 29TH – HOMEROOM WALK THROUGH

There will be a homeroom walk through this Thursday, May 29th at the end of block 4. Homeroom lists are posted around the school. Please familiarize yourself with the location of your homeroom.

**This Friday, May 30th is a
School Based Pro D Day (no school)**

GR. 12 IB STUDENTS

Please remember to hand in your student parking pass and any outstanding textbooks/ library items. Otherwise, fees will be added to your account.

COMPASS GRADPASS

Each grade 12 student will receive two complimentary compass passes during the homeroom walk through today. Each pass gives you one free day of unlimited travel on bus, SkyTrain, SeaBus and West Coast Express. The Compass GradPasses must be used in conjunction with your valid school ID or government issued photo ID. They are valid until June 30, 2025.

LOCKERS CLEANUP

A friendly reminder to start cleaning out your lockers.

NEW PASSWORD FOR AT HOME ACCESS TO THE EBSCO ACADEMIC EBOOK COLLECTION

When users are off-site a username and password is required to access the nearly 300,000 eBooks available through the Ebsco Academic Ebook Collection

<https://search.ebscohost.com/login.aspx?authtype=ip,uid&custid=s4065910&groupid=main&profile=nlebk&defaultdb=nlebk>

The password must be changed each year, and this year's new password is now published on our virtual library learning commons site. <https://sd43bccs.sharepoint.com/sites/PMSSVirtualLibraryLearningCommons2021>

Students and staff can log into the virtual library learning commons site using their SD43 credentials.

If you are facing challenges in accessing the collection, please reach out to a member of the library team.

UBC CALCULUS CHALLENGE EXAM 2025

The UBC Calculus Challenge exam will take place on June 11, 2025. You can find details and information, as well as register for the exam at the site

https://outreach.math.ubc.ca/calc_challenge.html/

We look forward to seeing you at UBC in June!

JOURNALISM CLUB

Are you interested in reading the works of your peers? Learn and engage in various topics you love - or maybe learn something new! Check out our website, where you can interact with articles already published by club members.

Website link: <https://surl.li/jgchuy>

If you're interested in writing your own work, visit us in Room 217 on Thursdays, Bi-Weekly @ Lunch!

TUTORING CLUB IS BACK!

Looking for some help with your classes? The student tutors at the Tutoring Club would love to help. We are available Tuesdays and Thursdays during lunch, Block 5 and after school. Lunchtime tutoring sessions take place in room 311, and Block 5/after school sessions are in the Youth Worker room—directly across from the Library Learning Commons. It’s a drop-in program, you don’t need to sign-up for tutoring! If you’re interested in being a tutor, please see Ms. Nembhard in the office.



ALTERED BELL SCHEDULE
Awards Celebration
THURSDAY, JUNE 5TH, 2025

| Block | Schedule |
|-------|--|
| 1 | 8:00 – 9:05 (IB 11 HL) |
| 1 | 8:05 – 8:56 (everyone else) |
| Flex | 8:56 – 9:22 |
| 2 | 9:09 – 10:15 (IB 11 HL) |
| 2 | 9:22 – 10:15 (everyone else) |
| 3 | 10:20 – 11:10 |
| Lunch | 11:10 – 11:45 |
| 4 | 11:50 – 12:40 |
| 5 | 12:45 – 1:35 |
| 1:35 | Students are dismissed for the day. Award winners can make their way to the small gym for the Awards Celebration. |

****The event is only open to students****

IMPORTANT GRAD DATES

| | |
|---|--|
| May 29 th – June 9th | Commencement Tickets on sale – online, or see Ms. Tetengco in the office |
| June 18 th | Mandatory – Grad Assembly/ Cap & Gown pickup |
| June 21 st | Grad Dinner/ Dance – Pinnacle Harbourfront Vancouver Hotel |
| June 21 st /22 nd | After Grad following Grad Dinner |
| June 25 th | Commencement Ceremony at the Orpheum Theatre in Vancouver @ 7pm |

ONGOING

MORNING STUDENT DROP OFF

This is a reminder to parents and students that drop-off and pick-up is to take place only in the lower parking lot - regardless of time of day or weather conditions. If you are dropping off for an early morning class or team practice, please do so in the lower parking lot.

STUDENT PARKING PASS: If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

STUDENT INFORMATION VERIFICATION FORMS

This is a reminder for parents/ guardians to log onto their MyEd parent portal to view their student information verification form. If any changes are to be made, please make corrections on a printed form and return it to the office.

PMSS TIMES: The PMSS Times will be distributed on **Tuesdays** and **Thursdays**. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

TRANSLINK

As Translink is increasingly busy, please keep the following in mind when you are taking public transit.

- Be mindful of where you are standing when the bus is coming to a stop. Moving away from the curb allows the driver to pull in safely.
- Remember that other students want to get on the bus. Pushing your way to the front of the line makes everything slower for everyone.
- With construction, the bus stop locations have changed. Check the signs or your app carefully to make sure that you're at the right bus stop.
- Other bus riders may not want to hear your conversation—keep the volume down.
- You might miss the bus, or it might be full. Another one will be along soon.
- If you see something unusual when you're on public transit, report it to a uniformed attendant, or text 87.77.77

We all need to work together to make a transit system that it safe for everyone!

CAREER CENTRE

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

PMSS Career Resource Centre

Main Office. Open from 8:00am – 3:30pm Monday-Friday.

Questions? Email Ms. Chang at mchang@sd43.bc.ca or call 604-939-6656 ext. 2013.

How to keep up with the news? Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or follow the Career Centre Instagram @pmsstransitions! Don't forget to check out the [PMSS Online Career Centre website](#)

Post-Secondary workshops and info sessions

For current and ongoing opportunities, please visit [HERE](#)

General Learning Opportunities

For current and ongoing opportunities, please visit [HERE!](#)

***NEW* UBC & BC Children's Hospital – PLAYTE Testing** is looking for high school athletes (that play at least one sport) in the greater Vancouver area to help test out PLAYTE, a new sport fueling app focusing on what athletes eat! Use new PLAYTE app for 4 weeks, complete an activity log, fill in 2 online surveys and earn up to \$100 for participating. If interested, email eatgen.study@ubc.ca or visit bcchr.info/43gwf3L. This study is led by the University of British Columbia under the Principal Investigator Dr. Tamara Cohen.

***NEW* The Capturing Health and Resilience Trajectories (CHART) Lab – Youth Advisory Council** is currently seeking passionate young people interested in youth health and well-being to join the 2025/2026 YAC. The CHART lab is based at Simon Fraser University and collaborates with schools, public health organizations, and youth partners to improve youth mental health and well-being. The CHART YAC consists of youth 15-18 who provide their perspectives on various lab projects, including the design of the Youth Development Instrument Survey. YAC members meet virtually, about 8 times during the school year and receive an honorarium for their work. Applications open until all positions are filled. If interested, apply [HERE!](#)

***NEW* Surrey Police Student Police Academy** is open to physically fit Canadian citizen or permanent resident Gr. 11 & 12 students that have a desire to learn about a career in policing! SPS Youth Services Unit, in collaboration with the Operational Skills section, will be hosting a Student Police Academy from July 7-11 from 8am – 4pm. The Academy will provide students with a basic understanding of the policing environment and insight into a career in policing. After getting tickets on the website, you will be sent forms to complete, interviews and then final selection. If selected, you will pay a \$150 registration fee. Only 28 spots available. If interested, click [HERE!](#)

SFU STEM Speaker Series – Neurotoxins and Nursing Homes: My Journey through Research and to Medical School is happening on Saturday, June 21st 2025 from 1:00pm – 2:00pm ONLINE for Gr. 8-12 students. Sheridan Hamilton (medical student at Dalhousie University in t. John, NB, will talk about their past research experiences in biology (where they studied toxin-producing cyanobacteria and the viruses that infect them) and nursing (looking at access to a palliative approach to care in long term care facilities and nursing workload during COVID-19 restrictions), and talk about some upcoming research in public health that they will be doing this summer. They will also share about their journey to medical school; a very brief overview of the application process, jobs/ extracurriculars, interviews, and what it's like to be a medical student. If interested, sign-up [HERE!](#)

SFU Science Alive – Applied Sciences Outreach is offering some FREE events for this month until June:

- Code in Motion: Robotics with Spheros: Saturday, May 24th, 2025 | 1:00pm - 4:00pm | Gr. 8-12 - [SIGN UP HERE](#)
- 2D Game Design with Processing: A Beginners Crash Course: Saturday, May 31st, 2025 | 1:00pm - 5:00pm | Gr. 8-12 - [SIGN UP HERE](#)
- Turtle Graphics in Python Workshop: Tuesday, May 27th, 2025 | 4:30pm - 6:30pm | Online | Gr. 8-12 - [SIGN UP HERE](#)
- Intro to Data Science: Wednesday, May 28th, 2025 | 4:30pm - 6:30pm | Online | Gr. 8-12 - [SIGN UP HERE](#)
- Text-based Game Dev: Saturday, May 31st, 2025 | 10:00am - 12:00pm | Online | Gr. 9-12 - [SIGN UP HERE](#)
- AI in Cybersecurity: Monday, June 2nd, 2025 | 4:30pm - 6:30m | Online | Gr. 8-12 - [SIGN UP HERE](#)
- Password Cracker: Wednesday June 4th, 2025 | 4:30pm - 6:30pm | Online | Gr. 8-12 - [SIGN UP HERE](#)
- Intro to GIT: Monday, June 9th, 2025 | 4:30pm - 6:30pm | Online | Gr. 9-12 - [SIGN UP HERE](#)

- Intro to Web Dev: Saturday, June 14th, 2025 | 10:00am - 12:00pm | Online | Gr. 8-12 - [SIGN UP HERE](#)
- Intro to the Terminal: Tuesday June 17th, 2025 | 10:00am - 12:00pm | Online | Gr. 9-12 - [SIGN UP HERE](#)

Ocean Wise: Mountains to Ocean Program is a FREE 3 immersive week program for youth aged 15-21 that explores the deep connections between land and sea. Through 3 outdoor learning adventures, participants gain hands-on experience, connect with like minded youth leaders, and design a community project inspired by what they've learned. Cohort 1 takes place June 3 – 23 (application deadline: May 25th 2025), while Cohort 2 takes place July 10 – 31 (application deadline July 3rd). Both will take place in evenings and weekends, requiring a 25-35 hour time commitment. For more information, or interested in applying, click [HERE](#)!

Trades and Apprenticeship Information

For current and ongoing opportunities, please visit [HERE](#)!

Volunteer/Employment Opportunities

For current and ongoing opportunities, please visit [HERE](#)!

BC Dumpling Festival is looking for volunteers (age 15+) on Saturday August 9th from 11am – 8pm at Town Centre Park in Coquitlam! This is a great opportunity to earn your volunteer hours and connect with others who share your passion for food and culture while making a positive impact in your community! If interested or would like more information, sign up [HERE](#)!

Stepping 4words Learning Centre located in Port Moody is looking to hire Gr. 12's who are graduating this year and who is interested in pursuing education! They specialize in the remediation of language based learning differences. Their practitioners are trained in the Orton-Gillingham methodology and work 1:1 with students from Gr. K-6. Training in July and August is \$20.00/ hr. After this probationary period, the wages increase to \$25.00/hr. Applicants can expect to work with flexible time between 3:00pm – 6:35pm Monday to Thursday, and 2:00pm – 5:00pm on Fridays from September to June. Interested applicants can send a resume and cover letter to info@stepping4words.com. More info about the organization can be found [HERE](#)!

City of Port Moody is looking for **Summer Events Volunteers**. They are recruiting for: Canada Day (July 1st, 11am – 7pm), Car Free Day (August 17th, 10am – 7pm), and Recreation Programs (July – August: Flexible options from single day to week long commitments). Volunteers must be at least 13 years old to volunteer for community events and 14 years old to volunteer in rec programs and day camps. Volunteering can potentially lead to a job within the City of Port Moody! Many of our staff started out as volunteers. Whether you're collecting hours for school, exploring career options, or hoping to land a job in the future, let us know your goals. We want to support you with mentorship, skill building, and guidance towards employment opportunities! To apply, start by emailing volunteers@portmoody.ca. More information can be found [HERE](#).

Coquitlam Crunch Diversity Challenge is happening on Saturday, June 21st, 2025. They are seeking enthusiastic volunteers to help assist with various tasks such as registration, route marshalling, set up, and Games and Activity area. This is a fantastic opportunity for students to earn valuable volunteer hours while making a difference in our community. No experience necessary – just a positive attitude and a willingness to help. To sign-up, click [HERE](#)!

Lower Mainland Green Team invites volunteers of all ages and abilities to remove invasive Himalayan Blackberry, small basalm & Herb Robert with us at the Cariboo Heights Forest Trail on Saturday May 31st & June 7th from 9:45am – 1:00pm. No experience needed and will happen rain or shine! To sign-up, click [HERE](#)!

SD43 International Education is looking for volunteers for their summer school during July 7th – August 8, 2025 from 8:30am – 12:00pm. If interested, submit your resume to achapell@sd43.bc.ca or drop off in person at 1080 Winslow Ave, Int'l Education Office c/o Adrienne Chapell AND complete this [MS FORMS](#)! The deadline to apply is June 13th, 2025.

Scholarship / Awards

For current and ongoing opportunities, please visit [HERE](#)!

***NEW* AbbVie IBD Scholarship Program** (value: \$5000) is looking for citizen or permanent residents of Canada who is diagnosed with Crohn's or colitis by a health care professional. The applicant must be enrolled in or awaiting acceptance from a Canadian university, college, or trade school seeking a diploma, associate, undergraduate, or graduate degree for the upcoming fall semester. The student must demonstrate academic aspiration and strives to sustain an optimal level of wellness, balancing their personal health and academic goals. If interested, please apply [HERE](#) by June 9th, 2025!

***NEW* 2025 Curling Scholarships** (value: \$2500 x 20) are open! The *For the Love of Curling Scholarship* is for young Canadian athletes who excel in curling, maintain a good level of academic standing and demonstrate commitment to their community through their leadership activities. The *Fran Todd All Heart Scholarship* is for young Canadian curling student-athletes who embody the values of curling and place the highest priorities on giving back to the sport. Applicants are passionate about sharing curling with their community while maintaining a good level of academic standing. If interested, apply [HERE](#) by June 9th, 2025!

***NEW* 2025 BC First Nations Scholarship Awards** (value: \$2000 - \$10,000) is offering three scholarships this year. There are two specialty scholarships: The Nursing Scholarship (for BC First Nations pursuing a career in Nursing), and The BC First Nations Teachers' Scholarship (for BC First Nation students pursuing a Bachelor of Education at a BC post-secondary institution that leads to a Certificate of Qualification to teach in K-12 schools) with the deadline of June 14th. The Original, Non-Specialty Scholarship are for BC First Nations enrolled at an eligible post-secondary educational institution as a full or part-time student that demonstrate financial need and merit. This deadline is June 20th 2025. If interested, apply [HERE](#)!

Energy Creates 2025 Scholarship Contest (value: \$100,000 x 5) is now open! Canadian citizens and permanent residents of Canada between 15-25 who are enrolled in or entering an accredited Canadian post-secondary institution in any field of study by September 2028 are eligible to apply. Students must create an original work that addresses the topic in an assigned documentary film. If interested, apply [HERE](#) by November 17th, 2025!

The I.D.E.A.L Scholarship (value: \$10,000) is open to Canadian citizens or permanent residents entering their first year of post-secondary studies in a bioscience-related program at an accredited college, university, or CEGEP in Canada. The applicant must express financial need, demonstrate proof of academic achievement, and must identify as a member of one of the following equity deserving groups: Indigenous peoples, Persons with a disability, or new immigrants. If interested, apply [HERE](#) by June 10th, 2025.

Dennis McGann Bursary (value: \$1000) is open to Canadian citizens or Landed Immigrants who is enrolling or enrolled full-time or part-time Communications studies at an accredited post-secondary institution in Canada. Financial need must be demonstrated, and community service is a consideration. If interested, apply [HERE](#) by August 1st, 2025!

The Make it Right Charity Award (value: \$2000) is open to students entering or enrolled in a residential construction program at a Canadian college or trade school. Students must demonstrate a commitment to excellence in residential construction, skilled trade or renovation, demonstrate high academic standing ("A" average 80%-85%+), however, other qualities like passion and commitment will also be considered. If interested, apply [HERE](#)! This scholarship is available throughout the year, so apply whenever you meet all the eligibility requirements!

Canadian Beef Check-off Agency Scholarship (value: \$2000) is looking for Canadian citizens or permanent residents who are accepted to or attending a designated post-secondary institution and accepted to a full-time program relating to: Agriculture or agriculture business, marketing/ communications/ public relations, science and research including veterinary medicine, human health and nutrition, or policy/ economics. Preference will be given to applicants who are active beef producers or have a background in agriculture, but it is not a requirement. If interested, apply [HERE](#) by June 30th, 2025.

Sunshine Coast Health Centre Scholarship (value: \$1000) is open to high school, undergraduate and graduate students in Canada that are enrolled in a counselling, psychology, social sciences, medical/ nursing, or relevant program at an accredited university or college in Canada who are interested in working in addictions and mental health in Canada. Applicants must submit a 800-1000 word essay in APA format on one of the following topics: 1) Explore Meaning Therapy and its advantages to addiction and mental health treatment OR 2) Discuss how Meaning Therapy supports an individual with trauma and/or PTSD and making sense of their trauma in ways that help them live an improved quality of life. If interested, please apply [HERE](#) by August 1st, 2025.

Engineers and Geoscientists BC Foundation Entrance Scholarships (value: \$2500 x 6) is looking for students graduating from a BC Secondary School in 2025, entering a 4 year undergraduate engineering or earth science program. Applications will be assessed based off academic standing, extracurriculars and financial need. If interested, apply [HERE](#) until June 30th, 2025!

ATTENTION GRADE 12's! Did you win an Award, Bursary or Scholarship? If so, a huge congratulations!! Please complete this [Microsoft Form](#) by June 11th, 2025 to let us know so that we can acknowledge your achievement in the commencement program! *ONE scholarship, bursary, award per form please! If you received more than one, complete another form* If you have any questions about this, please contact Ms. Chang (mchang@sd43.bc.ca)!

PARENTS

PMSS 2024-2025 SCHOOL CALENDAR: Please click [HERE](#) for the 2024-2025 School Calendar

For information regarding **PAC**, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>




ELEMENTARY
 July 8 – July 25, 9:00am - 12:00pm
8 LOCATIONS

Courses: K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated Studies, Math, Reading & Writing, Coding (Info tech), Outdoor Science, STEAM, and more!

Free to all BC residents, SD43 Residency requirements apply.

04
MAR

Registration
6:00am

MIDDLE
 July 8 – July 25, 8:45am - 11:45am
3 LOCATIONS

Courses: Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated Studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more!

Free to all BC residents, SD43 Residency requirements apply.

Registration
6:00am

07
MAR

SECONDARY SKILL BUILDING
 July 8 – July 25, 8:30am - 11:30am OR 12:00 - 3:00pm
2 LOCATIONS

Courses: English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 for Science and Math is only available by school referral.

Free to all BC residents, SD43 Residency requirements apply.

07
MAR


Registration
6:00am

SECONDARY FULL CREDIT
 July 2 – August 7 (6 weeks)
 8:00am – 11:30am OR 12:00pm – 3:30pm
2 LOCATIONS

Face-to-Face or Online Blended Fast Track
 Courses: Life Science 11, Anatomy & Physiology 12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11, Science 10.
 Free to all BC residents, SD43 Residency requirements apply.

Registration
6:00am

06
MAY



www.sd43SummerLearning.ca/Phone 604-936-4261

AFTER GRAD FUNDRAISERS



AfterGrad
PMSS 2025



APRIL UPDATE: <https://tinyurl.com/MoodySecAGApril2>

We Need Your Support!

Your Support Makes After Grad Possible.

Please visit our website to support our fundraisers. We're working hard to raise money for After Grad celebrations, covering costs like venue, transportation, food, and prizes.

We welcome donations, sponsors, and encourage you to **Like & Share** on Instagram and Facebook!

<https://sites.google.com/view/pmss-after-grad-2025>

COMMUNITY



Celebrate Go by Bike Week!

Biking to Work, School, or to Shop? Log all your rides during Go By Bike Week from May 31–June 6 to win prizes, including this year's grand prize of a **cycling adventure for two to Vietnam!**

[Join for free](https://bikehub.ca/gbbw) before May 17 for a chance to win a skincare set from Lontreau!

Three Ways to Get Involved

1. Get cycle commute ready and register for our free "Intro to City Cycling" webinar on Mon, June 2. [Register Now](#).
2. Venture into the e-bike world and register for our free "Intro to E-Biking" webinar on Thur, June 5. [Register Now](#).
3. Help us get people on bikes by volunteering at our 20+ Celebration Stations! [Sign-up Now](#).

VOLUNTEERS NEEDED!



COQUITLAM
CRUNCH
DIVERSITY CHALLENGE



**CALLING ALL VOLUNTEERS!
WE NEED YOUR HELP!**

Join the Coquitlam Crunch Challenge crew Saturday
June 21 and help make the event amazing!

Sign up today:

Signup.com
2025 Coquitlam Crunch Challenge



\$25 summer drop-in pass

**Children and youth ages 0–18 get
unlimited access to drop-in activities!**



pools



drop-in preschool, children & youth activities



weight room



walking track



drop-in fitness



steam room and hot tub

PORT MOODY
CITY OF THE ARTS

SCHOOL'S OUT PASS

**Only
\$25**

Get unlimited drop-in access to Coquitlam
pools, gyms, and rinks during summer, winter,
and spring breaks for just \$25 with the School's
Out Pass! *Valid June 28, 2025 – March 29, 2026.*

Available June 2.

coquitlam.ca/SchoolsOutPass